

Medications - Plastic Surgery

Below is basic information on common cosmetic surgery medications. You will be provided prescriptions appropriate for you and your specific procedure. Most medications are started *after* cosmetic surgery. For office procedures, please bring the medications to the office. Contact the office anytime with questions.

Generic Names (Brand name examples)	Prescription required	Form	Purpose
amoxicillin, clindamycin, doxycycline, cephalexin, ciprofloxacin (ex. Augmentin)	yes	tablet	antibiotic
oxycodone, codeine, hydrocodone (ex. Percocet)	yes	tablet	pain medication, narcotic
acetaminophen (ex. Tylenol)	no	tablet	pain medication
prednisone, methylprednisolone	yes	tablet	reduce swelling
Arnica Montana	no	tablet	reduce bruising & swelling
petrolatum, petroleum jelly (ex. Vaseline, Aquaphor)	no	ointment	improve incision healing and reduce scar
mupirocin (ex. Bactroban)	yes	ointment	improve healing inside nose
saline or salt water nasal spray	no	liquid	improve healing inside nose
chlorhexadine gluconate	no	liquid	mouth wash, skin cleanser

General

- Do NOT take any sleeping medication or medication to relax after surgery.
- Generic medications are OK, and brand names are not required.
- Generally, tablets should be taken with a little food.
- Narcotic pain medication is often combined with acetaminophen. Do NOT take additional acetaminophen or Tylenol for pain or headaches.
- Stop taking aspirin, ibuprofen, Motrin, Advil, or similar anti-inflammatory medication, as these medications increase bleeding.
 - Other blood thinners, such as Coumadin or Plavix, must also be discontinued, under the guidance of your PCP or cardiologist.
 - Tylenol (acetaminophen) may be taken for pain or headaches *before* surgery
- Stop all herbal medication, supplements, and teas, as these substances may increase bleeding.
 - Increased risk of bleeding include, but are not limited to Vitamin E, garlic, ginger, ginkgo, ginseng, kava, and St. John's Wort, fish oil, and green tea
 - Daily multivitamins are okay
- Stop any diet medication.